

# Emotions and their power in a team.

## Target group:

Designed for those teams interested and willing to find new ways of responding to their team member's needs in a better fashion.

## The training's main focuses of interest:

- ✓ What are the various motives and needs of the team members?
- ✓ What are the participant's individual strengths?
- ✓ What type am I? (i.e. DISG model)
- ✓ What does it mean to handle various „communication types“?
- ✓ What specific “communication type” am I myself (e.g. Virginia Satir)?
- ✓ What potential conflicts might occur? How can these be avoided?
- ✓ Which methodologies need to be employed, in order to accomplish a change in perspective?
- ✓ How can I communicate with different characters in an appreciating manner?
- ✓ How do I give feedback according to individual needs?

**Duration:** 1 day.

**Appointments:** on request.

**How does the training proceed?** All the training's contents are conveyed in a practical and active manner. The main focus, thus, will be placed on group work, immediate transfer of knowledge to practice, experience and reflection (use of video camera), exchange of experience and an active communication of our training's contents.

**Contact information:** Please do not hesitate contacting us via mail: [mail@courage-courage.com](mailto:mail@courage-courage.com) or via phone: 0049(0)89-12094022 or 030-39208992.

On your way we wish you